



Dr. Yvonne B. Ali
Executive Vice President

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Program Director

Dr. John Ndambuki,
Clinical Director

PSI Services, Inc.
770 M Street, S.E.
Washington, D.C. 20003

www.psifamilyservices.com

Currently the Life Skills Program has the following hours

Tuesday
9:00 a.m. to 11:00 a.m.

Thursday
9:00 a.m. to 11:00 a.m.
6:00 p.m. to 8:00 p.m.

Saturday
10:00 a.m. to 12 noon - Parenting Group

Each group session is 90 minutes in duration

To enroll in the PSI Life Skills Program
Contact

Ms. Darlene Tucker
PSI Intake Officer
dtucker@psiservicesinc.net

Phone: 202-547-3870
or 877-872-7025
Fax: 202-543-0751

PSI Life Skills

**A Mental Health
Rehabilitation Services
Program**



Helping People Grow[®]

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PSI Life Skills Program

...a Mental Health Rehabilitation Services Program

PSI was founded in 1979 by two psychologists with an aim of providing services to persons who have mental health diagnoses, substance abuse problems, and developmental diagnoses. PSI believes that people can learn and grow regardless of the disability. The PSI team is committed to "Helping People Grow."[®]

About the PSI Life Skills Program

The PSI Life Skills Program is a group treatment program that provides practical and theoretical experiences in:

- Social Skills
- Community Living
- Health Promotion and Wellness



Persons Served

The PSI Life Skills Program serves adults, 18 years of age and older, who have severe and persistent mental health disorders and who:

- are waiting for authorization or reauthorization to the Rehabilitation Day Program, or
- need supports and services to address goals outlined in their treatment plan



Admissions

Persons accepted to receive Life Skills services may be enrolled in a Rehabilitation Day or other program and additional supplemental services are determined to be medically necessary.

