



REHABILITATION DAY SERVICES PROGRAM

A Mental Health Rehabilitation Services Program

ABOUT PSI

Founded in 1979 by two psychologists, PSI believes that persons can learn and develop regardless of their disability. The PSI interdisciplinary team is committed to HELPING PEOPLE GROW®.

ABOUT PSI REHABILITATION DAY SERVICES

The PSI Rehabilitation Day Services Program is a clinic based, curriculum driven program for persons diagnosed with severe and persistent mental health disorders. Using a variety of innovative courses and training techniques, the program aims to assist the individual to develop skills that could lead to independence.

DIAGNOSTIC ASSESSMENTS and TREATMENT PLANS

PSI Rehabilitation Day Services Program staff works cooperatively with the individual's CSA to obtain copies of the diagnostic assessments and treatment plans, and to provide information to update assessments and treatment plans.

SKILLS ASSESSMENT

Assessments designed to determine the individual's strengths and needs in specific skill areas and to use this information to implement specific training areas.

CURRICULUM DRIVEN TRAINING

Based on their treatment goals, individuals are guided to choose classes from the PSI Course Catalog. Using a variety of available curricula, including the Illness Management Recovery and the Living in Balance curricula. PSI has developed lessons for each course and each lesson is infused with clinical therapeutic techniques. Each person receives a minimum of three hours of training each day.

LIFE SKILLS PROGRAM

PSI believes that relearning the skills needed to live independently is a crucial part of recovery for persons with serious mental health diagnosis. In addition to the minimum three-hour curriculum driven program, PSI offers a life skills program. This is a structured program offering practical experiences designed to foster independence.

Additional Services Available

PSI Core Service Agency

PSI Out-Patient Mental Health Clinics

Individual and group psychotherapy
Psychotropic Medication Monitoring

PSI Health Services

Skilled Nursing Services
Health Education

PSI Home and Community Based Waiver Services

Employment Readiness
Supported Employment
Day Habilitation

PSI SERVICES III, INC.

ADMISSIONS

Participants must be 18 years or older and have a diagnosis of serious and persistent mental health disorder and may have

* Axis II diagnosis secondary to the severity and long term nature of the Axis I diagnosis

* History of maladaptive behaviors or physical disabilities*
Substance abuse disorders

PROGRAM HOURS

Monday through Friday 8:00 a.m. to 3:30 p.m.

PSI Intake Office
Mrs. Darlene Tucker

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(202) 547-3870 or 1-877-872-7025

Fax: (202) 543-0751

PSI is an MHRS Core Service Agency, DDS HBCS waiver provider, certified DC Medicaid Provider and Certified Adult Day Health Program provider.

PSI complies with all federal, state, and local government laws and regulations in its provision of services.



REHABILITATION DAY SERVICES PROGRAM

A MENTAL HEALTH REHABILITATION SERVICES PROGRAM

Dr. Yvonne B. Ali, Executive Vice President

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